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Local roller derby team brings spotlight to sport

Gull Life, Page 6



Women's soccer suffers OT loss

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THE FLYER

Vol. 38, Issue 6

Salisbury University's Student Voice

October 12, 2010



Sea Gull Century attracts over 8,000 riders

Participants in the Sea Gull Century approach the finish line after cycling their routes along the Lower Shore. There were 8,140 bicyclists in this year's ride, which took place Oct. 9. Riders could choose between the traditional Sea Gull Century, the Snow Hill Century and the Princess Anne Metric.

By Chris Franklin
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Amid the 8,140 riders of Salisbury's 22nd annual Sea Gull Century bike ride were a wide range of participants, including students, instructors, a 6-year-old boy from Bethesda and an 80-year-old man from Arnold.

There was also lots of variety in where cyclists in the Oct. 9 ride hailed from.

"The event brings people all the way from California and Hawaii as well as Canada and the Virgin Islands," said Graduate Assistant for Sea Gull Century Erin Matonak, who works in the Office of University Advancement.

The event also has an estimated economic impact of \$2.5 million on the Lower Eastern Shore, according to a press release on the SU website.

An additional course was

added this year to compensate for the large influx of riders.

According to Amy Waters, coordinator of the Sea Gull Century, the new course, the Snow Hill Century, was "introduced about nine months ago during the planning stages of the ride, [and] about 1,200 participants signed up for it. It goes

south towards the Bay but like the other routes, offers beautiful scenic views. Two

rest stops were also introduced for the new route; they were being handled by student volunteer groups and various civic groups."

The traditional Sea Gull Century route heads towards Assateague Island and hosts the majority of riders, and attracted approximately 5,600 riders this year.

Riders looking to do 64 miles could sign up for the

See CENTURY Pg. 3

Homecoming gets Gulls squawking

By Mia Gilstrap
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For one of the most anticipated events of the year, alumni return to see Salisbury's progress and see old friends, and current students enjoy homecoming week's

festivities that lead up to Saturday's football game.

Some students have a favorite event.

"My favorite part is usually the football game, and then the after party," said sophomore LaKiesha Watson. "It's good when we win because everyone at the party usually has more fun. But I also

enjoy the buffalo wing-eating contest. It's funny to see people's faces as they realize how hot the wings are."

This year will incorporate old favorite events with new ones.

"SU's SGA has worked very hard on making this homecoming a success," said Emma Lewis, SGA vice

president of University Affairs. "Homecoming is truly a group effort. Each executive member picks an event and plans it all out. They coordinate meetings with different faculty and staff members, plan the run down

See HOME COMING Pg. 3

SU celebrates disability awareness

By Diana Dwyer
News Editor
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Throughout October, Disability History & Awareness Month is recognized statewide to break free from the stigma tied to disabilities. SU developed a series of events throughout the month to highlight issues associated with them, such as social barriers and the employment process.

"We want to raise awareness that relates to all of us as members of society [and promote] the inclusion of people with disabilities on campus," said Nikki Dyer, disabilities coordinator. "Folks with disabilities have a unique, rich, social culture that's valuable to us all."

Disabilities come in many forms and have a global presence. According to DoSomething.com, there are about 600 million recognized and reported people in the world who "experience disabilities of various types and degrees."

Although disabilities directly affect an

enormous population, people with disabilities are still widely discriminated against.

"We've come a long way, but there are [still] groups people don't realize are discriminated against," said Charlie Endicott, associate director of Career Services.

Endicott led a "Discrimination Does NOT Discriminate" workshop on Oct. 6, focusing on ways in which discrimination can be addressed in the job search process. He listed three layers of discrimination: discrimination as a part of daily living for making choices and surviving, discrimination that is not good but the person does not know better, and "bad discrimination" when the intent is malicious or to hurt.

"Everyone has feelings on discrimination," Endicott said. "We go through it on a daily basis."

Endicott said that being a part of a "protected class" is not necessarily as good as the name implies. A protected class is when "you are discriminated

against just because you are a member of a particular group," Endicott said, such as a certain gender, ethnicity or sexual orientation.

"None of us are immune to questions that can or cannot be asked," Dyer said of questions that may be raised in a job interview.

To organize the month's activities, the Disability Month committee worked over the summer. Members include faculty Gwen Beagle, Gail Sarnis, Provost project manager Tammy Gharbi, Interim Chief Diversity Officer Linda Morales, students Christine Wesserling, Stephanie Hallowell, graduate assistant Natalie Banwarth and Administrative Assistant to the Office of Diversity Clacie Hubbard.

"The poster series, to me, are extremely important," Hubbard said.

"They capture a glimpse of history for individuals to get a greater sense of perception and support of individuals

See DISABILITIES Pg. 2

Dudley-Eshbach celebrated for her ten years as SU president

By Amanda Biederman
Staff Writer
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On the fitting date of 10/10/10, SU and the surrounding community celebrated the achievements during the past 10 years under the leadership of President Janet Dudley-Eshbach, Ph.D.

A ceremony for her Decade of Distinction was held in the Bistro area of The Commons.

Dr. Rosemary Thomas, vice president of University Advancement, said that the event was an "informal celebration" for Dudley-Eshbach's achievements.

"We're not here for a formal ceremony, but just to visit for a relaxed afternoon," Thomas said.

The program comprised 10 individuals who came up to speak on SU's progress in the past 10 years. Interfraternity Council President and former SGA President Pat Gotham spoke first, and following him was Seidel School faculty member Dr.

Vienna described the impact that Dudley-Eshbach has had on SU's athletic program.

"[Dr. Janet] is an avid supporter of students, particularly with regards to athletics," Vienna said. "She encourages athletes to succeed on the field and in the classroom."

Professor Emeritus of history Dr. Donald Whaley, former Alumni Association president Duke Marshall, SU Foundation chairman Henry Hanna and University System of Maryland Chancellor William Kirwan also spoke.

See DECADE Pg. 2



Adrienne Price photo

USM Chancellor William Kirwan, President Janet Dudley-Eshbach, and her son Joe Eshbach gather for the Decade of Distinction celebration on 10/10/10.

Successful educator speaks for Riall lecture

By Mary Capper
Staff Writer
Mc3298@gulls.salsbury.edu

An educator with revolutionary ideas, Deborah W. Meier came to SU on Oct. 5 as a E. Pauline Riall lecturer to share her experiences both inside and outside of the classroom.

Meier began her education career as a substitute teacher in East Harlem to supplement her husband's salary. However, she soon found out that subbing

was no easy feat and instead switched to teaching a morning kindergarten class.

This still proved to be a challenge, as Meier said, "I was never interested in young children besides my own. When someone asked me to come early to play with their children I would purposefully come late."

Meier's opinion on children soon changed once she started interacting with the kinder-

See RIALL Pg. 3

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Briefly Stated

Thursday, Oct. 14

Film: "El secreto de sus ojos"
The film "El secreto de sus ojos" will be shown as part of Latino Heritage Month at 7 p.m. on Thursday, Oct. 14 in Henson 103. Set in Buenos Aires in 1959 and with flashbacks to the "Dirty War" era of the 1970s, this film won the Oscar for Best Foreign Language Film.

Thursday, Oct. 14

Scarf sale: Battle of the Bands
Students from Mrs. Morris' marketing class will be selling hand-dyed silk scarves for \$30 on the patio outside the Wicomico Room from 4 to 7 p.m. on Thursday, Oct. 14 to benefit the new Perdue School Building and the local charity Women Supporting Women. October is Breast Cancer Awareness Month so 25 percent of the donations will go to Women Supporting Women.

Friday, Oct. 15
3D Animation Workshop, Motion Graphics Festival 2010

Internationally acclaimed 3D-animation artist Dr. Sassi teaches Simeona 4D students in an all-day workshop on Friday, Oct. 15 from 9 a.m. - 4 p.m. in TETC 352. Limited seating is available. Email pdpoc@salisbury.edu to reserve a spot.

Sunday, Oct. 17

Ballet Folklorico
The acclaimed troupe Ballet Folklorico "Quetzalli" de Venecruz performs at 7 p.m. Sunday, Oct. 17 in Holloway Hall Auditorium. The event is the culmination of SUN Latino Heritage Month celebration. The public is invited and admission is free, but tickets are required. A limit of two tickets per person are available at the Info Desk of the GUC. Call 410-543-6271 for more information.

Sunday, Oct. 20 to Friday, Oct. 29

December grads should place cap and gown orders

Seniors planning to participate in the December Commencement ceremony should visit the Bookstore between Wednesday to the next Friday, Oct. 20-29 to order their caps and gowns. The first three days are "Grad Fair at the Bookstore" on Wednesday to Friday, Oct. 20-22. Bookstore hours on Wednesday and Thursday are 9 a.m.-6 p.m. and on Friday 9 a.m.-4 p.m. This three-day fair allows students to place orders for nursing pins, caps and gowns. (NOTE: There is no charge for caps and gowns. A representative is available for custom cap/gown fitting.) Students may also order announcements, diploma frames and rings at this time. For questions about orders, call 410-543-6086. The last day to order cap/gown is Oct. 29.

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Dr. Janet Dudley-Eshbach celebrates 10 years as president of SU on Oct. 10 in The Commons with faculty, staff, students and family. Here she is shown with Joe Ollinger, part-time adjunct professor in the Perdue School of Business and candidate for Wicomico County Executive, and her son Joe Eshbach.

Decade

Continued from Pg. 1

nity wellness program. He then noted SU's recent athletic achievements, noting several team championship awards and individual athlete distinctions.

Yet Dudley-Eshbach remained very modest.

"I'd like to think that this gathering is not about me, but about Salisbury University and what a great place this is to be," Dudley-Eshbach said.

She reflected on her experiences over the past 10 years, thanking the

people who have helped her along the way, and giving insight to what she has learned throughout the years.

Dudley-Eshbach then announced that in honor of her ten years at SU, she has created a \$10,000 scholarship for students who are majoring in Spanish or Latin American studies and want to study in a Spanish-speaking Latin American country. This scholarship will be awarded next fall.

Dudley-Eshbach also added that she plans to continue moving ahead with new projects, such as a new fine arts facility and library.

Fruit flies find home in Salisbury

By Mary Capper
Staff Writer
Mc33298@gulls.salisbury.edu

Once again, Salisbury appears to have an abundance of small buzzing creatures all around the campus in the form of fruit flies.

Dorms and apartments alike seem to be taken over by the small swarm and one is found more seem to come and join the first almost immediately.

Nick Perry, a freshman living in Manokin Hall, is one among many bothered students.

"I hate them; they're annoying," Perry said. "There are not a lot of them, but enough of them to be a problem."

David Eberius, a freshman also found places to reside off campus, including nearby apartment complexes.

Although some students find the fruit flies to be a nuisance, others are not.

"I noticed that after some of my friends brought smoothies into their dorm room they received a lot of fruit flies, where before they

may have had a stray one every now and then," Eberius said. "But after the smoothies they were suddenly overrun by them."

Eberius also mentioned garbage as a problem.

"Even when they thought all of the flies were vanquished from the room they would open the trash bag for a second and a small swarm would burst out from the remnants of the discarded smoothie container," he said.

Debbie Bailey, director of SU's Physical Plant said, "Avoid food in trash cans, you can't spray for them, so that's about the only thing you can do."

The fruit flies aren't only attacking on campus. They have also found places to reside off campus, including nearby apartment complexes.

Although it appears to be a problem for some students, not many complaints have been reported.

"There have only two or three calls from residence halls," Bailey said. "There are no more this year than any other year."

"It's not that big of an issue; I just don't let them bother me," said

April Katsirabas, a resident in University Village. "It really just depends on who you are."

University Park resident Kelly Mundle had similar sentiments.

"If you minimize the food waste, fruit flies have no reason to be in your apartment," she said.

Waiting for the temperature to change and be the silent killer is one possible solution for a fruit fly problem. However, there are faster ways to get rid of the pests.

According to kk.org, setting up bowls with some combination of apple cider vinegar and liquid dish soap in choice locations will attract the flies so they can become trapped. Traditional solutions include the standard fly traps such as fly paper and fly swatters.

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EDITORIAL

Volume 38 Issue 6

Overheard: What would your ideal piñata be filled with?

Photos and article by Kelly Mundle and Adrienne Price



"Candy."



"A mixture of hundred dollar bills and puppies."



"Plastic beer and liquor bottles."



"Twizzlers. I love Twizzlers, they're like the best."



"Money."

-Robyn Dozier, sophomore

-Meagan Dumsha, senior

-Tom Hood, senior

-Samantha Foley, sophomore

-Luke Sohl, freshman

The Flyer

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An alternative look at the SU smoking ban All privileges come with responsibility to community

By Zach Grant
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In the midst of this smoking ban fiasco between Salisbury University students, I find myself siding with students who support the ban. I've read enough statistics about the effects of secondhand smoke that I'm glad I no longer have to deal with it when walking across campus. But is a total campus ban just?

One of the comments I had seen on the Salisbury Students Against the Smoking Ban Facebook page was that the ban apparently forces "students to smoke in dangerous areas, [leading to] students getting jumped off campus." A follow-up statement was made about how some on-campus students smoke. So where do they go to smoke?

While I think the former comment is asinine, the latter question makes a good point. I believe a total ban on campus isn't the right way to go. This is because students, faculty and staff technically should have a right to smoke. I think an amendment needs to be made regarding the smoking policy, with the idea that there would be one designated smoking area on campus.

More specifically, I would suggest an "inconvenient area" one located on the outskirts of campus. Smokers might have to go out of their way, but it's better than no place on campus at all. Nonsmokers would know better to walk near such a location, and smokers wouldn't be forced into the dangerous areas off campus.

So, now you may be wondering, "If that's what you think should happen, why do you support the ban?" Prior to this school year, for as long as I've been an SU student, there had been smoking stations that people were supposed to go to light up. The idea was similar to my suggestion above wherein smokers have designated places to go while

Ms. Advice Roommate trouble goes both ways

One area of college life has a fifty-fifty chance of containing both fun and laughter: the roommate situation. Who you live with is either a blessing or a curse. But reality shows that it's usually a combination of the two.

However, there is a fine line between a roommate who is annoying and an unbearable individual.

So what do you do when you just can't get along with your roommate? First, determine what factors make your roommate annoying or unbearable. If most fit in the annoying category, decide if it's really necessary to say anything. Also, see what you can do on your end to avoid the part of that frustrates you.

If they're unbearable, pay close attention to how the complicated roommate takes criticism. Some people will think you are out to get them or think you are being picky and critical. If your roommate is not approachable, reconsider how you would normally approach the situation. Rather than just saying, "here is the problem, make it stop," casually address the problem.

Give some positive affirmation, and then explain why you have a problem with whatever it is they are doing that is disruptive. For instance, if your roommate is loud at night while you can't sleep, you can say something like the following, "I prefer quiet while I sleep. Could you please put your headphones on while you listen to music, or turn down the volume in front of your TV?" Something like this would

not be critical of your roommate, but some people do not handle any type of confrontation well.

Part of living with someone is working on each other's issues, even if either of you are not consciously aware of it. That being said, don't talk about the roommate behind his or her back.

If you have an issue, go to them. Gossip is easy, but it doesn't fix the problem.

Above all this advice though, remember this, fellow Gulls: There are qualities you have that may drive your roommate nuts! I suggest asking your roommates if there is anything you're doing that is unbearable for them.

Good relationships contain receiving and giving. Remember that you can't always please everyone, so do the best with the current arrangements in front of you. Good luck!

Got a question for Ms. Advice?
Put your anonymous questions in the large envelope tacked to The Flyer bulletin board outside of The Flyer office, GUC 215.

Editorial Policy: Letters are welcomed and ENCOURAGED. Please include your name and your class. Faculty members, please include your department. Letters should be no longer than 400 words. The Flyer reserves the right to refrain from publishing any text. Deadline for submission is Wed. at 5 p.m. Please e-mail letters to flyer@gulls.salisbury.edu.

Have you seen yourself in The Flyer? Stop by GUC 215 Monday - Thursday 8:30 a.m. to 3:30 p.m. with your flashdrive and we'll give you your pictures free of charge!

Try our new text line! Text comments, questions or story tips to 646-535-NEWS (6397).

~SUDOKU~ THIS WEEK'S PUZZLE:

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9	4		1	3	8	7		
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LAST WEEK'S ANSWER:

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2	9	5	3	4	8	1	7	6
4	3	1	6	7	5	8	9	2
6	8	7	1	2	9	5	3	4

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OCTOBER 12, 2010 THE FLYER

Busy work: the enemy of college students

By Pete Hicks
Staff Writer
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aren't necessarily a bad thing, such assignments greatly reduce free time.

One of the main purposes of busywork is to increase the amount of exposure that students receive to the subjects they are studying. The repetition of certain topics thus ensures that students fully understand the material.

If that was the only way to help students learn, then the workload would be understandable. However, we spend hundreds of dollars on textbooks for

a reason. Students who feel that they need more practice can study. Conversely, those who are confident in their knowledge should be allowed to enjoy college life without the stresses of an insurmountable workload.

If you're smart enough to pass the exams without additional work in and out of class, then such busywork shouldn't be factored into grades. If you can't pass the test based on lectures alone, then it is up to you to read and learn more—whether it's with textbook or online material.

Neglecting to do so only makes the outcome your own fault. All students shouldn't have to do more just to help the other students along.

College assignments basically need to facilitate the learning process without being too time consuming. Real work should make you think. Real work isn't something that you just do to read and learn more—whether it's with textbook or online material.

for the future beyond just passing a test. Don't just cram information; create understanding. Don't be satisfied with just knowing facts that have no significance when you try and stick them together. Make yourself useful by applying what you learn.

It may seem difficult to find use in general education classes, but talk to your professors about how things can relate to your major. Find out if maybe something more beneficial to your learning rather than completing busywork assignments.

Where did the time go?

By Jalissa Worthy
Staff Writer
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At the end of every August, incoming freshmen rush to campus with anticipation of independence. The next four years of life will be spent in classes, parties, powder puff and other sports games, and evenings in the library. Four years seems like a great distance away for freshman, but for seniors it seems like yesterday.

Have you ever wondered why it feels as though the older you get, the faster time seems to fly by? Even before coming to college, the school years felt so long. While summers will never be quite long enough, they always seemed to go by slowly. Each semester appears to pass more quickly than the previous one you reach college-level status, though. Before you know it, fall of freshman year has turned into spring of senior year. Where did all the time go?

Ultimately it has nothing to do with age, and father time has not skipped any days on your personal clock. There are still seven days a week, and twenty-four hours in the day. So why does one month feel like a week? The answer is the disappearing act of time lies solely in the increase of responsibility!

Think about the average schedule of a first-

year college student. It primarily consists of hanging out with friends at least two naps per day. The closer a student is to graduation, the more priorities and things they have to do, with seemingly not enough time. The daily load went from classes and maybe a few hours at an on-campus job to 16 credits, an internship, or off-campus part-time work, combined with graduate school applications, and on-campus activities.

Everything just hits you all at once. You do your best to fit all this in while still attempting to make time for friends as a means of maintaining sanity. And then of course, there's daily and weekly homework assignments, eating, and the ever so familiar four hours of sleep per night. In a nutshell, you're doing everything you can to keep this plane flying almost on auto-pilot. You go to sleep, wake up, do everything all over again the next day. Before you know it, the end of the semester has arrived.

On the whole, once students realize how much more responsibility they take on as they become older, the better they'll understand why 24 hours goes by so fast. This ultimately allows students to have a deeper sense of time gained when they progress through their education. Students begin to realize how short life really is, so making the most of each and every second becomes a largely important priority.

Recent discovery calls into question laws of thermal expansion

By Mike Gibb
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Up until recently, the scientific community has unanimously held the disposition that water is the only entity capable of expanding upon freezing. However, new emerging data from The Central Bureau of Statistics relative to Israel seem to disagree. It seems as though the Central Bureau's findings indicate that the state of Israel is also capable of this feat. This settlement moratorium expired on Sept. 26.

The US-sponsored peace talks between Prime Minister Netanyahu and President Abbas have come to an abrupt halt after not even a month over the issue of settlements. Since the beginning of their meetings, Abbas threatened to withdraw in the case that the settlement freeze could not be ended.

In spite of US pleas to extend the moratorium by a few months, Netanyahu rejected the offer. Despite his promise to withdraw from the discussions, Abbas has not yet decided to



During her visit to SU on Oct. 4, Magdalen Hsu Li performs music for the audience in the Wicomico Room. She also spoke about her life experiences and learning to love who she is.

"Smashing the Ceiling" a smash hit on campus

By Jalissa Worthy
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Musician, artist and cultural activist Magdalen Hsu Li graced the SU campus as she spoke and performed original music from her latest album "Smashing the Ceiling" on Oct. 4. Her message of self-awareness and social acceptance flowed through the auditorium elegantly through her words and songs written to mirror her personal journey.

Hsu Li, a bisexual Asian American struggling with Tourette syndrome, has faced much adversity, learning to love herself, and to challenge other people to do the same. For years Magdalen remained secretive about her sexuality because she was afraid she may not be accepted by her family, and friends. Through her music and fans she found freedom, and confidence to come out.

"It was my fans who forced me out... when I was trying to hide them under my bed," Hsu Li said. Her music has a strong connection to her soul making her life an open book.

"The hardest thing for me was

learning to be myself," Hsu Li said. She shared that she always felt she was bringing the "wind" to her family, with her uninviting revelations about herself that caused trouble, and stress; first starting with learning of her disability, and then later with her sexuality.

Performing her song "That Ain't Me" Hsu Li sang, "you can try to break me, shake me, make me conform, your idea of what a girl should be, that ain't me."

Her audience was captured by the beauty of her voice, piano and guitar skills, as well as the piercing lyrics of her songs.

Dr. Bryan Honkami, advisor of the Asian and Pacific Islander Club, said he was captivated by Hsu Li's ability to lyrically express her experiences.

The Asian Pacific Islander Club and Multicultural Student Services' Powerful Connections program planned this event.

The end result was a campus community joined together around the current multicultural issues of the day. I felt that it helped our students support each other during a time of great sadness," White said.

Magdalen Hsu Li's performance served as a reminder for people to love and accept themselves and each other.

"Whenever I write a song, I

Salisbury Rollergirls bring spotlight to roller derby

By Erin Taylor
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It wasn't until March of this year that Crown Skating Center in Fruitland began holding practices for a roller derby team. For those unfamiliar with the term, roller derby is a sport in which two teams of five roller skate around an oval track and score points by lapsing opponents.

The president and founder of the Salisbury Rollergirls, Eva Paxton — a.k.a. Buster Skull — said the team now practices three days a week.

"They have come a long way," remarked the owner of Crown Skating Center, Richard Slatcher. When the players first began practicing, he said, some could barely stand up in their skates.

Since forming, the team has only scrimmaged against themselves, but they look forward to competing against others for the first time in March.

According to Emily Spies, who recently became part of the Salisbury Rollergirls, more tryouts will be held in November.

One SU sophomore, Kate Fingles, said she cannot wait to be there.

"I think it's empowering that women are showcasing their strengths," she said. "It portrays women as strong figures, not helpless little creatures who can't do anything for themselves."

Even some SU men agree.

"Roller skating is awesome," said SU freshman Jesse Silliman. "I think more people should. Roller skates are totally

retro."

Silliman's friend, Daniel Green, also believes that roller Derby deserves more attention.

"I've watched roller derbies online just because they're interesting," he said. "In my opinion, roller derby girls always seem so hardcore," Green said.

Games, called "bouts," can range from 90 minutes to two hours. The bouts themselves are comprised of multiple two-minute jam sessions, similar to "plays" in football, said Paxton.

The five players in the rink include one pivot, four blockers and one jammer. The pivot skates in front of the pack to keep the pace, while the four blockers skate behind, ready to bump any opposition out of the way of the upcoming jammer. The jammer's job is to score points by racing through the pack, earning one point for each opposing blocker passed.

Though the stereotype associated with Roller Derby suggest that it's a violent sport, the moves are considered safe and strategic.

"They don't clothesline each other and punch each other in the face," said prospective member of the Rollergirls, Sheeki Ardis, though the 2009 film "Whip It" says otherwise.

Rollergirl Jessi Demartin said the moves in Whip It are more for show, whereas true derby girls are not allowed to hit with their elbows or hands.

"There's a stereotype of tattoos and butch girls," she added. "But that's not true."



Members of the Salisbury Rollergirls practice with their teammates at Crown Skating Center on Thursday, Oct. 7.

From the Photo Bank: What's Happening On Campus



Students remember Tyler Clementi, the Rutgers student who committed suicide, during a candlelight vigil on SU's campus Oct. 4.



Chester River Runoff plays at the Good Beer Festival held in Penberton Historical Park on Oct. 10.



Members of the Outdoor Club stripped down to fundraise for their organization with a jog around campus. This year's fall Undie Run took place Oct. 7.



Sarah Lake, city reporter at The Daily Times, speaks to public relations students on Oct. 6.



During "Smashing the Ceiling" in the Wicomico Room on Oct. 4, Magdalen Hsu Li shares her music with the audience.

OCTOBER 12, 2010 THEFLYER

SU-TV broadcasts entertainment to campus Channel 7.6 hosts "The Dating Game" and "Next Question"

By Kristina Jackereas
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What makes a TV station worth watching? It has to be interesting and most prominently, entertaining. Fortunately, SU-TV is steadily heading for both. The crew consists of president Bethany McBee, vice president Megan McNew, production manager Robert Wilkinson

and public relations director Beth McCullar, and sports director Steven Jenkins. The station currently has two shows, "The Dating Game," which includes three potential dating candidates and a host, and "Next Question," which is a sports show.

"We have so much to offer to the students here at Salisbury," McCuller said. "We can post YouTube videos if students have

them, we are currently working on making a news show, and students can even share their ideas and perhaps even see them aired."

After disappearing from the spotlight in 2003, SU-TV was restored again in 2008 by former president Eric Ware, and former vice president Matt Solomon.

"It was hard to get the station back," Wilkinson explained. "It takes creativity and a lot of people to run a TV station, and thankfully we're getting it going now."

Although the station, which is channel 7.6 on campus only, doesn't consist of much yet, SU-TV managers have several goals lined up.

Jenkins plans to cover more sports events.

"We want to have camera crews at live sporting events to spark the students' interests," he said. "By recording these games, we are hoping to make the sports here even bigger, and replay the games on the TV station as much as possible."

The station also plans on showing

comical videos of the squirls on campus, as well as other video clips and shows. Eventually, SU-TV would like to go public, rather than remain only as a campus station.

"We want people to know we exist, both on and off campus," McCuller said. "We have had

many other media stations come to our station and tell us how amazing our studio was. We have so much to offer, and we're ready to make a difference."

SU-TV also supports other on-campus clubs.

"We want other clubs to know that we're here for them," McCuller said. "We can advertise, and even do commercials. We want to help clubs get publicity."

The station has made a commercial for the Playing Card Club, and recorded the SU POMS Dance Team during a live performance.

Perhaps one of the greatest

benefits of SU-TV is that anyone

can join.

"All majors are accepted, and we are always willing to help new members in regards to life in front of or behind the camera," Wilkinson said.

To watch "The Dating Game," students can tune in to channel 7.6 every other Monday and Wednesday, at 8 p.m. starting this week.

"Next Question" will be shown at 7:30 every other Monday, beginning Oct. 18.

These times may change. For more information, students can visit Sutvonline.org and check campus e-mails.



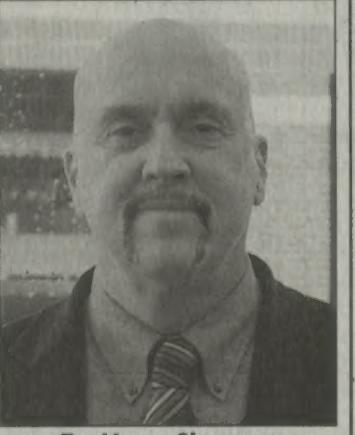
SU-TV officers Steve Jenkins, Beth McCullar, Rob Wilkinson, Bethany McBee and Megan McNew pose together for a photo.

By Erin Taylor

Staff Writer
Et31140@gulls.salisbury.edu

The food for Fines feeds locals in need

Initiative at Blackwell Library runs until Oct. 31



Simmons uses experience to enhance CMAT classes

By Vanessa Junkin
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Dr. Haven Simmons said he originally thought he'd always be a sports writer. After working at a variety of media-related jobs, though, the Communication Arts faculty member has a different outlook.

In addition to the journalism and public relations courses he teaches at SU, Simmons spends part of his summers helping people learn to overcome crises for the Federal Emergency Management Agency at the National Emergency Training Center, which is located in Emmitsburg. He also teaches a couple of these classes during the school year for professional development.

The four-day courses, he said, are for emergency responders from different levels of government and from agencies like the Red Cross. Students in these courses can deal with crises relating to natural disasters, hazardous materials, public health and terrorism.

About a year ago, he also became part of SU's Emergency Preparedness Committee, which deals with crises that could impact the University.

His experience extends beyond this specific field, though.

"Even when I teach federally, I'm probably one of the few media instructors who's worked in three of the areas... To work as a [Public Information Officer], and a newspaper reporter, and a TV reporter and anchor is a uniquely diverse experience," he said.

Simmons did at SU, he has three favorite courses to teach: PR Cases and Strategies, Media and Criminal Justice and Sports Communication.

And, more than one crisis can hypothetically occur in the same week, Simmons said.

After the responders deal with the simulated crises, Simmons and the others who teach for Fines share feedback.

"We want them to take home important lessons from the exercise," he said.

Before Simmons was a teacher for FEMA, he attended a hurricane course as a student — when he was the spokesperson for Bradenton, Fla.

"They were impressed with my performance as a student," he said, "and within three months, I

was teaching at the federal level."

He began working for FEMA in 1997, the same year he came to SU.

He also has experience teaching at the National Emergency Response and Rescue Training Center at Texas A & M University.

This past summer, he said, he taught about emergency preparedness and response to a group of Washington, D.C. universities.

Students have noted Simmons' output, as well; he won the SGA Outstanding Faculty Award in 2003 and said that's the "pinnacle

of [his] teaching career."

He describes himself as having a "take-charge personality," but expressed the importance of class participation. He also said his experience gives him more of a chance to be spontaneous during classes.

While senior Elena Sten called his teaching "impossible," she said she doesn't know where she would be without Simmons.

She is currently in his Public Affairs Reporting and Sports Communications classes, and took PR Cases with him last semester.

Sten discussed how Simmons is able to combine his personal experiences with the textbook information.

"I feel like it's a necessity in the program," she said of taking a course with Simmons. "You just gain so much from the classes."

Department Chair Dr. Darrell Newton said Simmons is enthusiastic about students while encouraging responsibility and preparation for the future.

He said students see Simmons as "firm but fair."

He described Simmons as "one of the best and brightest in our department."

"It was very educational as we got to see how to enhance our future events and how to effectively get the word out about Phi Eta Sigma. We met tons of people and I hope someday other potential Phi Eta Sigma members will be able to experience the same thing," Ackerson said.

Tarala and Ackerson along with

vice president Amy Hudson, historian Rachel Ensor and secretary Mitruko Towns are working hard to promote the honor society of Phi Eta Sigma. Tarala hopes that at the end of this academic year "the honor society will be creating a powerful, interactive experience for Phi Eta Sigma members on our campus and community events."

Bob Barber and Dr. Diane

National Convention and Leader

Workshop. There, the pair studied

public relations and time management skills.

Tarala said the conference

"improved my leadership skills

and gave me organizational ideas

from what has worked for other chapters in the past. It was motivational."

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Bob Barber and Dr. Diane



Submitted photo
The center of Salisbury is shown after the disastrous 1886 fire. Locals can learn more about the fire Wednesday to Friday, Oct. 13 through 15, at the Firefest exhibit.

City of Salisbury gets fired up for exhibit

By Rachael Stone
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The Edward H. Nabb Research Center for Delmarva History and Culture will participate in the three-day exhibit titled "Firefest: The Salisbury Fire of 1886."

Organized by Urban Salisbury, Inc., and curated by the Nabb Research Center, Firefest will highlight the history of the biggest fire in Salisbury which took place more than a century ago.

Located in the City Center building on the Downtown Plaza of Salisbury, the exhibit will begin with four presentations on the facets of the great fire on Wednesday, Oct. 13 from 5 to 8 p.m. and will continue with additional viewing on Thursday, Oct. 14 and Friday, Oct. 15 from 9 a.m. to 8 p.m. The exhibit will feature details of the fire and original historical photographs of areas burned.

The Great Fire of 1866 occurred on Oct. 17, 1866 at 7 p.m. and burned all through the night. The townspeople of Salisbury heard the loud town church bells ring, thinking that they were merely signaling them to head off to their church services with their families.

What they did not realize was that although it was a Sunday, the bells were signaling something else: a fire.

Salisbury had experienced fires before, but not like this one.

"Salisbury has had a history of fires, including one in August 1860 which destroyed

much of the downtown area," said Dr. G. Ray Thompson, Nabb Research Director.

"After that, the town was rebuilt in wood, which was a bad idea because this only meant that more fires could occur."

The largest disaster in Salisbury history originally started in Toadine's Livery Stable on Dock street—now known as Market Street—and spread rapidly throughout the town. Twenty-two acres of land were burned, and about 55 stores and 58 homes were demolished.

Although the Salisbury Fire Department acted immediately, they then fairly new L.P. Alcohol engine failed to extinguish the fire. It was up to the few firefighters from Crisfield, Pocomoke City and Wilmington, Del. along with neighboring cities to save the town.

"Fortunately the firefighters were able to preserve the courthouse," Thompson said. The fire was controlled and put out 17 hours after it began. Not only did this fire represent the most notable disaster in Salisbury, it marked a change for the downtown area.

Fire codes were established. Firefighters became more efficient and organized, and engineers were assigned to check and evaluate the maintenance of the fire equipment.

"This fire is very important to Salisbury," Dr. Thompson said. "It marked a transition of a rural village into a modern city."

This story has been updated from a story that ran in the Oct. 13, 2009 issue of The Flyer.

Objectivity: The key to long-term fitness success

By Eric Buratty
Editorial Editor
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Everyone starts somewhere. Regardless of your level of experience at the gym, it's always comforting to realize that everyone had to start somewhere. The small steps often count the most in generating long run results. That's why you need to make the most of every workout. Execute every rep as if it were your last, or just going beyond your normal cardiovascular capacity during a run.

So, the most important thing is to know what works for you. Basically, pay attention to what your body responds best to.

This will obviously become easier over time, but that's what's so cool about being at a different fitness level than others around you. We're not that different from each other. What you do inside and outside of the gym needs to be relative to you and your goals, but you can always find out where others started to help fuel your own determination.

With these ideas in mind, I want this point becomes very applicable to living a healthy lifestyle. More specifically, we all know that it's important to eat right and consistently stay active. Whether we actually incorporate those aspects into our lives is up to us.

However, I'm sure you've noticed that what it actually means to eat healthy and what defines a good workout varies so much for people. For example, a food that you consider to be healthy may not be to someone else. Similarly, what are considered the best exercises are not the same for everyone.

I've noticed that when the general public fails victim to health trends, they ultimately become confused. These health trends invariably come in the form of mainstream media news on television or on the internet. Otherwise, the scholarly look to abstracts for missing links in a certain nutritional aspect or exercise method.

"Recent research suggests . . ." is definitely one of the most annoying statements if the following idea relates to a fitness trend. Ever notice that the claims presented from the

research are almost always never even cited or made obvious anyway?

Keep in mind that one study may show an outcome completely opposite of another. So I encourage you to only acknowledge both sides of health trends. The moment you change up what works for you is when you let confusion influence your confidence in achieving your fitness goals.

In sum, the main purpose of this article is to help remind you of how remaining objective allows you to be a healthy individual overall. No matter how much you think you know, there's always someone out there that's more intellectually resourceful. So before getting too caught up in any media trends, learn from others around you to help you stay on track and take those small steps in life needed to achieve your goals—whether fitness-related or not.

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I'm a certified trainer. So if you have any questions about training or nutrition, feel free to email me at cb55419@gulls.salisbury.edu. For those who are more serious, specify that in your email, and I will be more than happy to consult with you. You may also visit www.unleashyourfitnesspotential.com if you missed a previous article in the paper.



Objectivity: The key to long-term fitness success

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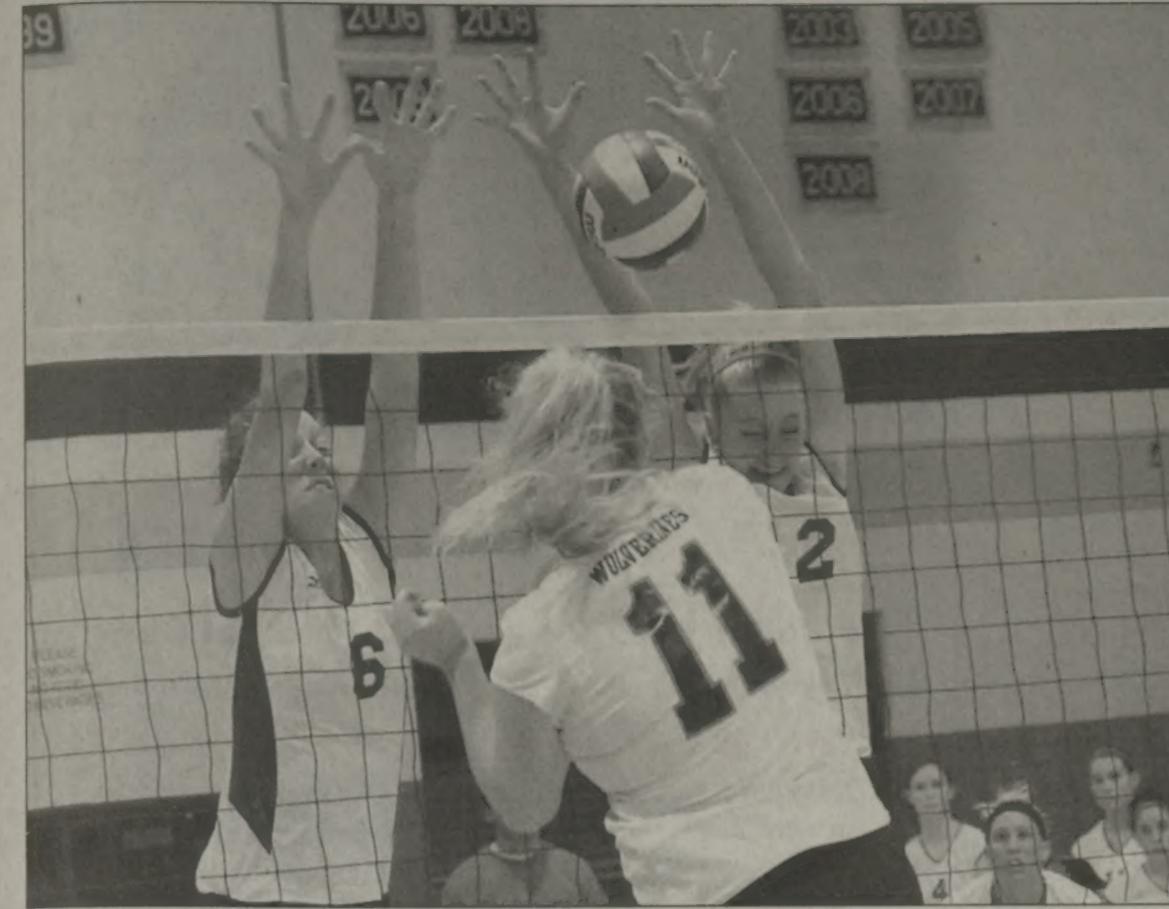
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Volume 38 Issue 6

SPORTS

October 12, 2010

Volleyball falls at CNU Invitational



Dan Anderson photo

Sophomore teammates Carley Todd and Chelsea Glowacki both attempt to block the ball against their University of Wisconsin-Oshkosh opponent. The Sea Gulls dropped five-set matches in the Christopher Newport Invitational. Participating schools were SU, UW-Oshkosh, and Christopher Newport.

Athlete Spotlight

Melissa Stansbury



Melissa Stansbury
"It has always been an honor to play for Coach Knight. She has a world of knowledge about the sport and I have so much respect for her. She demands the best from each of us every day and I couldn't imagine giving anything less than 100 percent."

Any pre-game or practice rituals of yours or your team's?
"Before every home game, we get pumped up in the locker room. Coach gives a pep talk, we slam lockers, yell, and I always hit the wall above the door on the way out. No rituals for practice. I'm usually running from class, so I'm just lucky if I make it to the gym on time."

What are your personal and team goals for this team?
"Our number one team goal is to win the CAC! A personal goal is to get a yellow card. I've been joking about it all season with my teammates and it's not likely to happen, but who knows... could be fun."

You recently were honored for recording your 1,000th career dig. To do what do you attribute your success and how does it feel to recognize for your skill and dedication?
"My mom forced me to go to a camp when I was in sixth grade. I actually hated the idea of volleyball then, but once I realized how fun it was, I couldn't get enough of it."

Do you have any unique or unusual talents?
"Well I wouldn't say I'm the 'Ace of Cakes,' but I did pull off quite a decorating feat when I made my brother a going-away Air Force cake."

When did you begin playing volleyball?
"My mom forced me to go to a camp when I was in sixth grade. I actually hated the idea of volleyball then, but once I realized how fun it was, I couldn't get enough of it."

What is like to play for such a successful coach as Margie Knight?
"It's like being on top of the world. She pushes us to be the best we can be. She's a great coach."

Women's Soccer plays in thrilling heartbreaker

By Aaron Bruce
Staff Writer
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Matt Goldman photo

Junior forward Amanda Zyzak advances down the field against Stevenson University on Oct. 9.

nothing goalkeeper Melissa Orgera could do, as the shot sailed over her head out of reach.

Though head coach Jim Nestor's team mustered a good amount of shots on goal, the shots at times appeared ineffective.

The game featured heavy defensive play as neither team could muster any points for both halves. The Sea Gulls have struggled to maintain or sustain wins this year, as they fall now to 5-8 on the season. The game seemed to be in favor of the Sea Gulls, as they led the first half in shots as well as corner kicks.

The Sea Gulls spaced well, attacked the ball consistently, and played excellent team defense throughout both halves of this game. However, Salisbury was still unable to sustain any goals in the first half, making the wall that much harder to climb in the second half.

In the second half, the Sea Gulls came out ready to play.

They once again outshot the Stevenson Mustangs, and they created good spacing on the field through their passing.

The Mustangs, who are 8-5 this year, were probably not expecting this sort of contest. Salisbury also defensively turned up a gear in the second half, as they held the Mustangs to two shots on goal to their eight.

Despite, good regulation play, however, Stevenson made strides in overtime.

Just two minutes into the first overtime period,

there was finally a goal, as Stevenson midfielder Allison Humphries launched a shot from 30 yards out.

The shot was on-target and unfortunately there was

nothing goalkeeper Melissa Orgera could do, as the shot sailed over her head out of reach.

Though head coach Jim Nestor's team mustered a good amount of shots on goal, the shots at times appeared ineffective.

The one bright spot for Salisbury is that they've only drop to 3-2 in the Capital Athletic Conference. Their CAC record is more impressive than their overall record, but there is still plenty of games left in the 2010 season.

The next game for the Sea Gulls will be against Capital Athletic Conference opponent Wesley College, who will come in ready to play. Salisbury and Wesley have consistently battled in various sports over the years. Thus, this game is no exception, as both teams will be looking for another win in conference.

The game will be Wednesday, Oct. 13 at 4 p.m. at the SU Soccer Complex.

Showalter brings hope for Orioles' next season

By Matthew Miller
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he could get feel for the team and coaching staff," said sophomore Andrew Cantor. "I'm excited to see the team continue to develop; it will be nice having two competitive teams in Baltimore come next season."

Showalter's presence made an immediate and lasting impression among players, most notably the pitching staff. Young pitchers like Brad Bergesen, Brian Matusz and Jake Arrieta flourished in the final two months of the season, and veteran Jeremy Guthrie had an outstanding second half to finish with a team-high 11 wins. The future of the Orioles will hinge on the successes and failures of this group.

On Aug. 3, Buck Showalter took over the reigns as manager and gave the franchise and its fans back their reason to believe. Under Showalter, the Orioles flourished, finishing the season an unprecedented 34-23, including 14-13 against the AL East. Pitching was better, the offense improved, and for the first time in a long time, fans had something to be excited about.

Producing in the second half is far different than producing over an entire season, but as people within the organization can tell you, a change is coming.

"Talking to coaches at the lower levels, they all say things are going in the right direction, everybody has

good things to say about Buck Showalter," said Bret Lasky, the Director of Broadcasting for the Delmarva Shorebirds, the Orioles Class A affiliate.

"Even the guys in our clubhouse, as soon as they hired Buck you saw a new sense of enthusiasm," Lasky said.

Heading into the offseason, the Orioles will look to continue to develop their young talent at both the major and minor league levels as opposed to going out and spending money on high profile free agents, a strategy which has plagued the franchise in the past.

"You got to build from within, you can't buy a championship," said Brandon Berns, Shorebirds Director of Marketing.

Buck Showalter's appointment has brought new life to a franchise in desperate need of saving and as for the fans, they now have a reason to believe.

"Talking to coaches at the lower levels, they all say things are going in the right direction, everybody has

.300 with 19 home runs from the leadoff spot and almost 50 steals for the third year in a row. With third-year veteran Evan Longoria, the Rays should go deep in the playoffs, facing the Yankees in the American League pennant.

They have an ace closer in Rafael Soriano and a strong starting pitcher in David Price.

Unfortunately for the Twins, they missed Justin Morneau throughout the entire season because of an injury, but Joe Mauer was still able to carry the team and get them to the playoffs. Despite a strong showing without one of their top stars, they'll lose to the Yankees in no more than four games.

The Red Sox and Braves are not going anywhere fast. They are playing against the two best pitching teams in the league. With Roy Halladay coming off a no-hitter in the first game against Cincinnati and Frisco's deadly fastball hurler Tim Lincecum striking out twelve Braves in their series opener, it truly proves that 2010 was, and still is, the year of the pitcher.

After the Devil Rays, speedster Carl Crawford is performing exceptionally well in by hitting over .300 with 19 home runs from the leadoff spot and almost 50 steals for the third year in a row. With third-year veteran Evan Longoria, the Rays should go deep in the playoffs, facing the Yankees in the American League pennant.

They have an ace closer in Rafael Soriano and a strong starting pitcher in David Price.

The Red Sox and Braves are

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★ Sea Gulls ★ Sea Gulls ★

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Women's Soccer

The women's soccer team (5-7, 3-1 CAC) traveled to Richard Stockton College on Oct. 6 and came home with a 1-0 non-conference victory. The victory marked their second straight shutout.

Salisbury's lone goal was scored by junior forward Amanda Miele in the 33rd minute of the game. This was Miele's first goal of the season. The Gulls had a 13-7 shots advantage. Sophomore goalkeeper Melissa Orgera finished with five saves.

Field Hockey

The top ranked field hockey team (8-2, 4-0 CAC) traveled to No. 14 Rowan University on Oct. 6. This was the third straight game away from their home field. As a result of a Rowan penalty stroke, the Gulls lost the contest 1-0.

With 13 seconds left to play, senior Katy Lamboni had a penalty corner with an attempt

to tie the game. Sophomore Erica Henderson shot high with no time left on the board. Throughout the game, Salisbury fired eight shots on Rowan. Junior goalkeeper Anna Cooke finished with one save.

Men's Soccer

On Oct. 6 the men's soccer team (10-1-3, 4-1 CAC) weathered their first loss of the 2010 season, falling to Stevenson University 2-1.

Senior Mike Napolitano tallied his team-leading sixth goal of the season in the 18th minute giving the Gulls a 1-0 lead. Napolitano received a cross from junior Stafford Chipungu, his sixth assist of the season.

Sophomore goalkeeper John Vnenchak saved both of the Mustangs' shots that were fired in the first half.

On Oct. 9 the team faced North Carolina Wesleyan College and ended the game at a 1-1 draw. N.C. Wesleyan was the first team to put the ball in the

back of the net, but Salisbury came back in the second half. Junior forward Ian Wilson received the ball from across the goal and nailed it into the back of the Battling Bishops' net. This is Wilson's third goal of the season.

Volleyball

The volleyball team (13-9, 3-2 CAC) traveled to Christopher Newport University for the CNU Invitational on Oct. 8-9. The Sea Gulls faced top competition playing University of Wisconsin-Oshkosh and Christopher Newport. The Gulls dropped five-set matches.

In the UW-Oshkosh match, sophomore Kelly Vieira had a team-high 13 kills and senior Melissa Stansbury tallied 19 digs.

During the CNU match, sophomore Jenna Shay had 13 kills. Stansbury and freshman Jacki Kaluzny dug 22 balls while Vieira tallied 20.

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